

Plant-Based Milk

If you want plant-based milk, let WIC staff know at your next appointment.



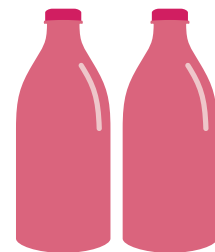
To get your full amount of plant-based milk, buy 32 oz, 48 oz, or 64 oz containers. You can mix and match sizes.



Quart = 32 oz = .25 GAL



Half gallon = 64 oz = .5 GAL



Two 48 oz = .75 GAL



California Department of Public Health, California WIC program

This institution is an equal opportunity provider.

1-800-852-5770 | MyFamily.WIC.ca.gov

02/26

Helpful Hints

- If you choose 48 oz containers, **buy them in pairs** to get the most out of your benefits.
- In your WIC Food Balance, **GAL = gallon.**