

Starting April 2026

# New WIC Foods!

More choices for you  
and your family



For more information →

→ **Canned fish | Now available to parents and children**

- Salmon, sardines, and light tuna— in various sizes



**Whole grains | More choices**

- Whole wheat bagels, whole wheat English muffins, and whole wheat pita bread
- Corn masa flour and whole grain cornmeal
- New whole grain breakfast cereal choices and new lower sugar options



**Yogurt More flavors**



Check the Shopping Guide or your WIC App for more information about approved foods.



**California Department of Public Health, California WIC program**

*This institution is an equal opportunity provider.*

**1-800-852-5770 | MyFamily.WIC.ca.gov**

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